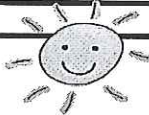


New London Public Schools Elementary Menu January 2017

2-Jan	3-Jan	4-Jan	5-Jan	6-Jan
NO SCHOOL HOLIDAY BREAK	Whole Grain Meatball Sub Steamed Green Beans Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Whole Grain Steak & Cheese Sub Steamed Onions & Peppers Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Chicken Patty on a Whole Wheat Bun Oven Roasted Potatoes Romaine Tossed Salad SEASONAL FRESH FRUIT Low-Fat & Fat Free Milk Available	NO SCHOOL THREE KING'S DAY
9-Jan	10-Jan	11-Jan	12-Jan	13-Jan
Whole Grain Chicken Alfredo Fresh Steamed Broccoli Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Beefy Nachos w/ Queso Spanish Brown Rice & Beans Corn Salsa SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Oven Roasted Chicken Mashed Potatoes w/ Gravy Whole Grain Dinner Roll Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Flame Broiled Cheeseburger on WW Bun Oven Roasted Sweet Potatoes Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Chicken Parm Casserole Honey Roasted Carrots Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available
16-Jan	17-Jan	18-Jan	19-Jan	20-Jan
NO SCHOOL MARTIN LUTHER KING DAY	Whole Grain Steak & Cheese Sub Steamed Onions & Peppers Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Whole Wheat Cheese Pizza Romaine Tossed Salad Carrot Sticks w/ Hummus Dip Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	BBQ Chicken Potato Salad Whole Grain Corn Bread Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Whole Grain French Toast Sticks Chicken Sausage Patty Oven Roasted Sweet Potatoes 100% Fruit Juice SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available
23-Jan	24-Jan	25-Jan	26-Jan	27-Jan
Whole Grain Chicken Alfredo Fresh Steamed Broccoli Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Whole Grain Meatball Sub Steamed Green Beans Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Oven Roasted Turkey w/ Gravy Honey Roasted Carrots Whole Grain Dinner Roll SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Flame Broiled Cheeseburger on WW Bun Oven Wedge Potatoes Romaine Tossed Salad Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Whole Wheat Turkey Pepperoni Pizza Romaine Salad Carrot Sticks w/ Hummus Dip Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available
30-Jan	31-Jan	 *Available Daily* Peanut Butter & Jelly Sandwich Fresh Made Salad * Menu subject to change		 ** DON'T FORGET YOU CAN GET A NUTRITIOUS AND FREE BREAKFAST EVERY MORNING**
Oven Roasted Chicken Mashed Potatoes w/ Gravy Whole Grain Dinner Roll Fruit Cup SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available	Beefy Nachos w/ Queso Spanish Brown Rice & Beans Corn Salsa SEASONAL FRESH FRUIT Low-Fat and Fat Free Milk Available			

We proudly serve locally grown fruits and vegetables.